



Values, Principles, and Common Language **Characteristics that Support HCBS Values & Principles**

Provider Checklist:

Do:

- ✓ Support the ability to participate in community life on one's own terms
- ✓ Recognize what being fully included means
- ✓ Support the development of meaningful relationships outside of a paid caregiver
- ✓ Support the building of relationships that lead to employment, which builds self-esteem
- ✓ Foster community options and choices
- ✓ Balance choice/risk/provider liability
- ✓ Engage in meaningful discussions with the individual during meetings
- ✓ Recognize that integration is not a one-size fits all
- ✓ Ensure choice in all aspects of an individual's life
- ✓ Support someone with being an active member of the community
- ✓ Offer different options so individuals can make more informed choices
- ✓ Support access to the community at any time
- ✓ Provide a home and all things that go with "home"
- ✓ Foster friendships and relationships with people the individual chooses
- ✓ Support individuals getting and staying involved in regular community activities
- ✓ Listen to the individual
- ✓ Recognize the importance of living and being like everyone else, the simple things...
- ✓ Be as invisible as possible when supporting a person

Don't

- ✓ Don't be passive in nature
- ✓ Don't ignore individuals and what they may be communicating
- ✓ Don't create an environment where people wait to be told what to do
- ✓ Don't regulate the rhythm of someone's day
- ✓ Don't overlook opportunities to build relationships
- ✓ Don't bring services to a person rather than a person into the community to access services
- ✓ Don't make plans and schedules for a group instead of for individual needs and preferences
- ✓ Don't provide one-stop shopping for services
- ✓ Don't have everyone doing things at the same time
- ✓ Don't restrict freedom
- ✓ Don't inhibit choice
- ✓ Don't create an environment where people/things are very uniform
- ✓ Don't structure the pattern of everyday living
- ✓ Don't tell people what to do without supporting their participation in the decision process
- ✓ Don't control the little things or big things
- ✓ Don't think there is only one way to do things